#Truthy vs Falsy:

1. Any number is truth for number variable other than 0.

For example :

const age = 0; [false]

const age = -2; [true]

1. Anything is truth for string variable including white space is also true value, except empty string.

For example :

const name= “ “; [true]

const name= “”; [false]

1. If any variable is Undefined (has no initial value) then js will take it as false bydefault.

For example:

Let name; [false]

1. If we give the value Null or NaN(Not a Number) to any variable then it will be false.

For example :

let name = null; [false]

let name = Nan; [false]

1. If we give the value false to any variable then it will be false.

For example :

let name = false; [false]

1. True vale = ‘0’, ‘ ‘, [], {}.

#Double equal vs Triple equal:

1. Double equal just check the value but triple equal check the type also.